# Noncoding RNAs and the borders of heterochromatin



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Eukaryotic genomes contain long stretches of repetitive DNA sequences, which are the preferred sites for the assembly of heterochromatin structures. The formation of heterochromatin results in highly condensed chromosomal domains that limit the accessibility of DNA to the transcription and recombination machinery to maintain genome stability. Heterochromatin has the tendency to spread, and the formation of boundaries that block heterochromatin spreading is required to maintain stable gene expression patterns. Recent work has suggested that noncoding RNAs (ncRNAs) are involved in regulating boundary formation in addition to their well-established roles in chromatin regulation. Here, we present a review of our current understanding of the involvement of ncRNA at the boundaries of heterochromatin, highlighting their mechanisms of action in different settings. © 2014 John Wiley & Sons, Ltd.

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#### INTRODUCTION

Thile known and predicted protein-coding genes make up a small percentage of the human genome,<sup>1</sup> transcriptome analysis suggests that over half of the human genome is transcribed to some degree.<sup>2,3</sup> Similar studies conducted in model eukaryotes suggest that widespread transcription of the noncoding genome is a conserved feature.<sup>4-6</sup> Although a large proportion of noncoding transcription may represent transcriptional noise rather than serve a specific biological function,<sup>7</sup> a growing list of noncoding RNAs (ncRNAs) have been identified as key players in diverse cellular processes. RNA molecules, once thought to function solely as intermediates carrying the genetic information required to build a functional protein from the nucleus to the cytoplasm, are now well recognized for their structural, catalytic, and regulatory roles.

Identified ncRNAs are typically classified according to length, with those longer than 200 base pairs termed long noncoding RNAs (lncRNAs), and shorter ones classified as small ncRNAs. Both long and short ncRNAs play critical roles in regulating gene expression and genome function by participating in packaging the linear genome into chromatin, the differential compaction of which influences the accessibility of DNA to transcription, replication, and DNA damage repair machineries crucial for genome function and maintenance.<sup>8</sup> In this article, we will focus our discussion on the role of ncRNAs in modulating the boundaries between different chromatin domains.

#### THE ESTABLISHMENT AND SPREADING OF HETEROCHROMATIN

In general, chromatin domains are classified according to degree of compaction and expression levels of resident genes. Euchromatin is typically gene-rich, less condensed, and is characterized by higher expression of resident genes, while heterochromatin is gene-poor, highly condensed, and exhibits lower levels of gene expression.<sup>9</sup> Heterochromatin has the tendency to spread to surrounding regions, thus interfering with gene expression of neighboring euchromatic regions.<sup>10</sup> Classic examples of heterochromatin spreading include position effect variegation in *Drosophila* and telomere position effects in budding yeast, in which cases genes inserted near heterochromatic regions are

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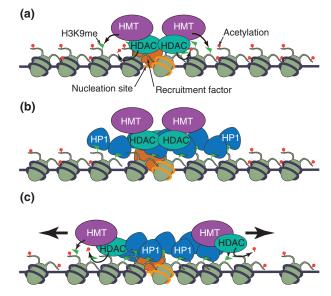
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variably silenced. To maintain stable gene expression patterns, the spreading of heterochromatin needs to be precisely regulated, and many specialized DNA elements form boundaries to block the spreading of heterochromatin.<sup>11,12</sup>

Key to defining the identity of different chromatin domains is the nucleosome, the basic unit of chromatin composed of about 147 bp of DNA wrapped around a core histone octamer, which is subjected to a variety of posttranslational modifications that regulate chromatin compaction.<sup>13</sup> Each chromatin state is associated with a specific set of histone tail modifications. For example, the histone tails of euchromatic regions are mostly hyperacetylated and methylated at histone H3 lysine 4 (H3K4me), whereas those of heterochromatic regions are typically hypoacetylated and trimethylated at histone H3 lysine 9 (H3K9me).<sup>14–16</sup>

The formation of heterochromatin has long been considered a paradigm for the study of chromatin organization due to the coordinated recruitment of diverse histone-modifying enzymes and chromatin binding proteins. This process is usually divided into the establishment stage, when histone-modifying activities are initially recruited to specific locations of the genome, and the spreading stage, when the heterochromatin-associated histone modifications spread into neighboring regions in a sequence-independent manner and, in many cases, without involvement of the initial recruitment signal.<sup>9</sup> While the mechanisms of heterochromatin establishment have been extensively studied, the mechanisms by which heterochromatin spreads are less well understood. A simplified model is that heterochromatin spreads by repeated cycles of chromatin proteins recruiting histone-modifying enzymes, leading to the binding of more chromatin proteins, and thus the recruitment of more histone-modifying enzymes, ultimately leading to the 'oozing' of histone modifications from nucleation centers to surrounding regions (Figure 1), although other spreading mechanisms might exist in different situations.<sup>10</sup> In some organisms, the DNA within heterochromatin regions is also heavily methylated. However, given that the role of DNA methylation in heterochromatin spreading is not well defined, we will not address the role of DNA methylation in regulating heterochromatin assembly in this article.

One of the best-studied examples of heterochromatin formation is in budding yeast, *Saccharomyces cerevisiae*, where a relatively simple form of heterochromatin is present at telomeres and the silent mating-type region.<sup>17,18</sup> Heterochromatin assembly is controlled by the silent information regulator



**FIGURE 1** | The establishment and spreading of heterochromatin. (a) In fission yeast and other organisms, specific DNA sequences (in orange) recruit heterochromatin-associated histone-modifying enzymes, such as histone methyltransferases (HMTs) that preferentially methylate histone H3K9, and histone deacetylases (HDACs). These enzymes act on histones at the nucleation site to establish heterochromatic modifications. (b) H3K9me is recognized by chromodomain-containing HP1 (Swi6 in fission yeast). (c) HP1/Swi6 recruits HMTs and HDACs to adjacent nucleosomes to reiterate the process of H3K9me and HP1/Swi6 binding, continuous cycles of which lead to the long-range spreading of heterochromatin.

(SIR) complex, consisting of Sir2, Sir3, and Sir4. Sir2 is a highly conserved NAD+-dependent histone deacetylase with preference for acetylated histone H4 lysine 16 (H4K16ac);<sup>19-21</sup> Sir3 and Sir4 preferentially interact with histone tails and nucleosomes without H4K16ac;<sup>22-24</sup> and Sir4 also directly links Sir2 and Sir3.25 Heterochromatin establishment starts when the Sir2-Sir4 complex is recruited by sequence-specific DNA binding proteins to the telomere repeats or silencers at the mating-type region and deacetylates histone H4K16. These deacetylated histones have higher affinity for Sir3 and Sir2-Sir4, and thus enable deacetylation of adjacent nucleosomes. The reiteration of this deacetylation and the Sir complex binding cycle results in the spreading of heterochromatin across large chromosomal domains.<sup>17,18,26</sup>

Heterochromatin regions in fission yeast, *Schizosaccharomyces pombe*, and higher eukaryotes are more complex.<sup>9,27</sup> They are located near structurally important chromosomal sites such as the centromeres, which often contain long stretches of DNA repeats. Histones within these regions are generally hypoacetylated and methylated at H3 lysine 9 (H3K9me), a modification that recruits chromodomain proteins of the HP1 family.<sup>28–30</sup> In fission

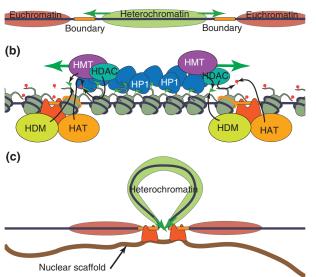
yeast, in which the step-wise heterochromatin assembly mechanism is best studied, the establishment of heterochromatin starts with targeting of the H3K9 methyltransferase Clr4 to DNA repeats through the RNA interference (RNAi) pathway or through sequence-specific DNA binding proteins to initiate H3K9me, which leads to recruitment of the HP1 family protein Swi6.31-36 Several histone deacetylases, such as Clr3, Clr6, and Sir2, also function in concert with Clr4 to establish heterochromatin.<sup>30,37-42</sup> Because Swi6 is required for the spreading of H3K9me across large chromosome domains, including regions that are unable to recruit Clr4 by themselves, it is proposed that Swi6 recruits Clr4, leading to the methylation of adjacent nucleosomes and the spread of heterochromatin.<sup>31,36</sup> In addition, the chromodomain of Clr4 interacts with H3K9me3 to stimulate Clr4 enzymatic activity, which also contributes to the step-wise heterochromatin spreading.43,44 In addition to histone methyltransferases and HP1 proteins, histone deacetylases Clr3 and Sir2 are also required for heterochromatin spreading.<sup>37,39,41,45</sup> Given that the chromodomain is a conserved feature of the SUV39 family of H3K9 methyltransferases and that HP1 associates with the H3K9 methyltransferases in higher eukaryotes,<sup>46-48</sup> it is likely that such step-wise spreading is conserved in higher eukaryotes.

In metazoans, the silencing of developmentally regulated genes, often in a cell-type and developmental stage-specific manner, requires the formation of large chromosomal domains containing nucleosomes trimethylated at H3 lysine 27 (H3K27me3).49 The establishment of these facultative heterochromatin domains begins with the binding of transcription factors to specific DNA sequences, such as Polycomb response elements (PREs), and the recruitment of the Polycomb repressive complex 2 (PRC2), which harbors the enhancer of zeste family of histone methyltransferases (E(Z) in flies and EZH2 in mammals).<sup>49</sup> PRC2 trimethylates H3K27,50-53 which recruits the Polycomb repressive complex 1 (PRC1) through the interaction between the chromodomain of Polycomb (PC) and H3K27me3.54,55 It was generally believed that H3K27me3 spreads in a manner similar to that of H3K9me, with repeated cycles of H3K27 methylation coupled with binding of PRC2, given that PRC2 subunit EED directly interacts with H3K27me3.56,57 However, while H3K27me3 is present in large chromosome domains,<sup>58,59</sup> PRC2 occupancy is limited to the sites of recruitment, suggestive of a more complicated spreading mechanism than a step-wise model.<sup>58</sup> It is proposed that H3K27me3 spreads when the PRC2 complex bound at PREs diffuses from these nucleation sites or by the formation of chromosome loops.<sup>10,60</sup>

Heterochromatin boundaries are typically defined as DNA sequences or regions that act to constrain heterochromatin spreading to the appropriate domain and prevent it from encroaching into euchromatic domains (Figure 2(a)). In certain cases, insulators, which block the communication between distant chromosomal regions, can also function as boundary elements.<sup>12,61</sup> While boundaries and insulators show considerable diversity in DNA sequence, they appear to share similar mechanisms of function. First, boundary elements can recruit histone-modifying factors that promote the opening of chromatin and counteract the spread of silencing-associated histone modifications and chromatin compaction (Figure 2(b)).<sup>45,62–65</sup> Additionally, boundaries associate with nuclear structures, such as the nuclear envelope, and cluster together to loop out the intervening chromatin domains and control the three-dimensional (3D) arrangement of the genome (Figure 2(c)).<sup>66,67</sup> These mechanisms are probably not mutually exclusive, and might even cooperate to establish a functional boundary. The transcription of ncRNAs observed at heterochromatin boundaries appears to either enforce or disrupt the mechanisms described above, or function via novel mechanisms involving the ability of transcriptional interference and ncRNA-protein interactions to inhibit the spread of heterochromatin.

### NONCODING RNAs AND HETEROCHROMATIN ASSEMBLY

Short ncRNAs, mostly products of the RNAi pathway, are involved in heterochromatin assembly at repetitive DNA elements in diverse organisms by targeting histone-modifying activities to DNA repeats through effector complexes.<sup>68-70</sup> The mechanism of small RNA-induced heterochromatin assembly is best studied in fission yeast (Figure 3(a)). In short, ncRNAs transcribed from repeat sequences, such as those surrounding the centromeres, are converted into double-stranded RNAs and processed by the RNAi pathway into small interfering RNAs (siRNAs).<sup>32,71</sup> These siRNAs are loaded into the RITS (RNA-induced Initiation of Transcriptional gene Silencing) complex and direct RITS to nascent transcripts through base pairing between the nascent transcripts and siRNAs.35,72,73 RITS associates with the H3K9 methyltransferase Clr4 to initiate H3K9 methylation and the recruitment of HP1 proteins at repeats.74 Other small RNA-induced chromatin modifications, such as RNA-directed DNA methylation in plants and piRNA-mediated silencing of transposons in Drosophila and mammals are also believed to use



**FIGURE 2** | Heterochromatin boundaries. (a) The transitions between heterochromatin and euchromatin are marked by DNA sequences termed boundary elements (orange) that prevent heterochromatin (green) from spreading into neighboring euchromatin regions (red). (b) One mode of boundary function is the recruitment of euchromatin-associated histone-modifying enzymes, such as histone acetyltransferases (HATs) and histone demethylases (HDM) to the boundary region to antagonize the addition of heterochromatin-associated histone modifications to block heterochromatin spreading. (c) Another mechanism by which boundaries function is to spatially separate heterochromatin and euchromatin domains through specific protein complexes that interact with nuclear structures.

small RNAs as guides to target chromatin-modifying activities to specific genomic locations.<sup>68–70</sup>

Small RNAs have also been implicated in the 3D organization of chromosomal loci (Figure 3(b)). For example, the RNAi machinery is required for the clustering of telomeres in fission yeast and the clustering of insulator and PREs in *Drosophila*.<sup>75–77</sup> Although these data suggest a possible role for small RNAs in orchestrating long-range chromatin interactions, possibly by serving as a scaffold, the direct involvement of small RNAs in the clustering of these loci has not been clearly demonstrated.

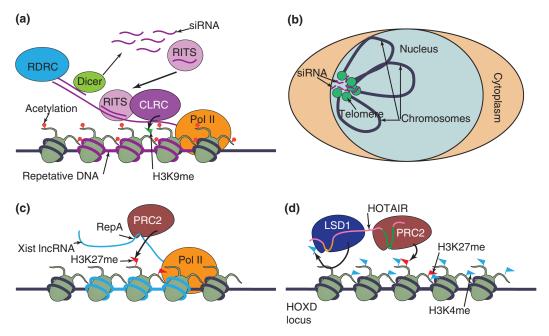
The mechanisms by which lncRNAs regulate chromatin modifications are less well understood. Much of our understanding of lncRNAs function in gene silencing has come through their interaction with PRC2. Similar to small RNAs, lncRNAs are required for the targeting of PRC2 to chromatin. For example, *Xist*, a 17 kb lncRNA that is transcribed from the X inactivation center of one of the female X chromosomes and coats the chromosome *in cis*, initiates the inactivation of the entire chromosome to maintain the equivalent dosage of X chromosome expression as in male cells.78 The repeat A regions of Xist directly interact with PRC2 components in vitro,<sup>79-82</sup> suggesting that Xist directly recruits PRC2 to initiate H3K27me3 at the inactive X chromosome (Figure 3(c)). However, the contribution of such interactions to PRC2 recruitment in vivo is still not fully resolved.83 Other lncRNAs, such as COLDAIR in plants and ANRIL in humans also mediate the recruitment of PC proteins in cis.84-86 Interestingly, the HOTAIR lncRNA operates in trans to aid the recruitment of PRC2 to diverse locations, suggesting a mechanism different from targeting.<sup>87</sup> Recent studies demonstrate that HOTAIR directly interacts with both PRC2 and H3K4 demethylase LSD1 through different regions of the RNA and thus facilitates the interaction between these two enzymes, indicating a structural role for this lncRNA<sup>88</sup> (Figure 3(d)). Genome-wide studies also identified a large number of ncRNAs that associate with PRC2 and mediate its recruitment to target loci,<sup>81,89,90</sup> suggesting that ncRNA-mediated recruitment of PRC2 is a prevalent mechanism.

# NONCODING RNAs AND BOUNDARY FUNCTION

Noncoding RNAs regulate boundary function in several ways, some of which are fundamentally similar to their involvement in heterochromatin assembly, such as controlling the targeting of protein complexes and serving structural roles. Recent findings have also expanded the role of ncRNAs to include regulating transcription at boundaries as well as directly counteracting heterochromatin spreading (Figure 4).

#### Transfer RNA Genes as Boundaries

It is well established that genes for noncoding transfer RNAs (tRNAs) function as boundary elements in organisms ranging from yeast to mammals.91-94 Transcription of tRNA genes is mediated by A and B box sequences that recruit the transcription factors TFIIIC, TFIIIB, and RNA polymerase (Pol) III.95 In fission yeast, the boundary function of the silent mating-type regions requires B-box sequences present in the boundary element, which recruit TFIIIC, but not Pol III.<sup>67</sup> Therefore, the mechanism by which tRNAs function as boundary elements, at least at the fission yeast mating-type region, can be independent of tRNA transcription. TFIIIC helps cluster DNA sequences at the nuclear periphery, indicating that the 3-D organization of chromatin enforced by TFIIIC might be responsible for tRNA gene boundary function.<sup>67</sup> In mammals, TFIIIC mediates the relocation of neuronal



**FIGURE 3** | Noncoding RNAs and heterochromatin chromatin assembly. (a) RNA interference (RNAi)-mediated heterochromatin assembly in fission yeast. Repetitive DNA elements are transcribed and processed by the RNAi pathway into siRNAs, which are used by effector protein complex RITS to target histone methyltransferase CLRC to nascent transcripts. (b) Small interfering RNAs (siRNAs) might mediate the clustering of distant loci, such as telomeres, at the nuclear envelope. (c) *Xist* interacts directly with PRC2 through a repeat (RepA) and recruits PRC2 to initiate inactivation of the X chromosome. (d) *HOTAIR* binds both LSD1 and PRC2 via different sequences on the RNA, acting as a scaffold for histone-modifying enzymes to coordinate their activities.

genes to transcription factories, suggesting that the role of TFIIIC in genome organization might be conserved.<sup>96</sup>

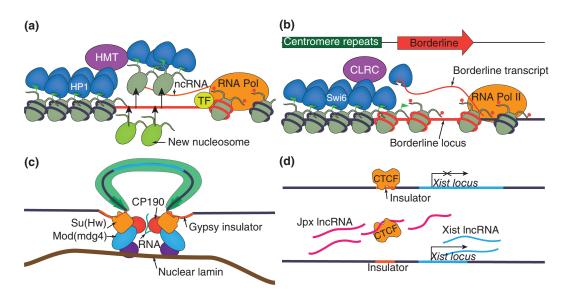
# Short Interspersed Nuclear Elements in Mammals

Investigation of the chromatin structure of the mouse growth hormone (GH) locus during pituitary development revealed that a Short Interspersed Nuclear Element (SINE) B2 retrotransposon is located at the transition zone between an H3K9me3 domain and a euchromatic domain. This repeat functions as a boundary to block the spreading of adjacent heterochromatin, and is consequently required for developmentally regulated GH activation.<sup>97</sup> This element is derived from a tRNA gene and is bi-directionally transcribed by both the RNA Pol II and III machinery.98 Further analysis revealed that ongoing transcription from both the RNA Pol II and Pol III promoters is required for boundary function.<sup>97</sup> The precise mechanism by which transcription of this SINE B2 element leads to barrier function remains unknown. Although it is possible that the ncRNAs are directly involved in boundary function, it is more likely that the transcription process changes the histone modifications or nuclear positioning in a way that efficiently blocks the spreading of heterochromatin (Figure 4(a)).

Further supporting the concept that ncRNA transcription is involved in boundary formation, computational analysis of the genome-wide distribution of active and repressive chromatin modifications in human CD4<sup>+</sup> cells led to the observation that a subset of predicted boundary elements coincided with regions of high expression of ncRNA genes, transcription factor binding, RNA Pol III localization, and open chromatin.<sup>99</sup> While the abundance of ncRNA transcription may merely correlate with the opening of chromatin or the binding of an insulating complex and not serve a specific function at boundaries, the above studies indicate that transcriptional activity may play an active role in maintaining the borders between chromatin domains.

#### **BORDERLINE RNA in Fission Yeast**

Recently, it was shown that ncRNAs in fission yeast directly mediate boundary function via a novel mechanism by which the RNA molecules bind heterochromatin factors to directly block the spreading of heterochromatin<sup>100</sup> (Figure 4(b)). The fission yeast pericentric heterochromatin is surrounded by tRNA genes and, in some cases, inverted repeats



**FIGURE 4** | Noncoding RNAs (ncRNAs) and heterochromatin boundaries. (a) Many known or predicted heterochromatin boundary elements, like the SINE and tRNA genes, are sites of ncRNA transcription. Transcription-mediated histone modifications and histone turn over might contribute to heterochromatin boundary formation at these elements. (b) In fission yeast, *BORDERLINE* evicts Swi6 *in cis* from chromatin by directly binding to Swi6 and interfering with its ability to interact with H3K9me, thus halting Swi6-dependent spreading. (c) In *Drosophila*, ncRNAs serve a scaffolding function to mediate the clustering of insulator bodies. (d) In mammals, ncRNAs directly regulate the binding of CTCF to insulator DNA sequences.

termed IRCs.<sup>101</sup> Several lncRNAs, termed BOR-DERLINE RNAs, are transcribed from the IRC boundary and are then processed by the RNAi pathway into small RNAs.<sup>100</sup> Interestingly, replacing the IRC transcribed sequence with a ura4<sup>+</sup> reporter gene also resulted in the formation of a boundary in a transcription-dependent manner. Swi6 binds RNA in a sequence-independent manner, and RNA interferes with the binding of its chromo domain to H3K9me.<sup>102</sup> Thus, a plausible hypothesis is that binding of BOR-DERLINE RNAs to Swi6 results in the release of Swi6 from chromatin and effectively blocks heterochromatin spreading. The fact that mutations in the Swi6 RNA binding region result in heterochromatin spreading further supports such a hypothesis.<sup>100</sup> However, given that RNA binding to HP1 in mammals seems to promote rather than disrupt its association with chromatin,<sup>103,104</sup> it is unclear whether the mechanism of HP1 eviction by ncRNA in boundary formation would apply in mammalian systems.

It should be noted that transcription of *BOR-DERLINE* RNAs is not the only mechanism by which *IRCs* function as boundaries. *IRCs* also recruit a complex composed of a JmjC domain protein Epe1 and a double bromodomain-containing factor Bdf2, which binds acetylated histone tails and directly antagonizes Sir2-mediated deacetylation of H4K16 to block heterochromatin spreading.<sup>45,105–107</sup> Interestingly, loss of Bdf2 or Epe1 results in decreased *IRC* transcript levels,<sup>45,105</sup> raising the possibility

that the Epe1-Bdf2 complex promotes the transcription of *IRC* to establish heterochromatin boundaries. However, the fact that artificial tethering of Bdf2 to chromatin is sufficient to establish a heterochromatin boundary suggests that Bdf2 has transcription-independent contributions to boundary function.<sup>45</sup> Thus transcription-dependent and independent mechanisms might function redundantly to establish heterochromatin boundaries at *IRCs*.

#### ncRNAs Regulate the Action of the Gypsy Insulator Complex in Drosophila

While transcription might be one mechanism by which DNA sequences form boundaries, ncRNAs can also interact with insulating proteins to regulate their functions. The gypsy insulator is a well-characterized retrotransposon-derived sequence in Drosophila that can buffer transgenes from position effects and block long-range enhancer-promoter interactions.<sup>108</sup> This insulator is bound by a protein complex composed of suppressor of Hairy-wing [su(Hw)], Modifier of mdg4 [Mod(mdg4)], and Centrosomal protein 190 (CP190) (Figure 4(c)). These proteins cluster together and form a relatively small number of nuclear foci anchored at the nuclear periphery, suggesting that their insulator function might be tied to their ability to mediate chromatin domain looping.<sup>109,110</sup> High throughput sequencing of RNAs that immunoprecipitated with su(Hw) and CP190 revealed significant enrichment of su(Hw) and CP190 mRNAs.<sup>111</sup> Interestingly, T7



polymerase-driven expression of the su(Hw) and CP190 mRNAs, which are not processed or translated, enhances boundary function and the formation of insulator bodies *in vivo*, suggesting that these mRNAs contribute to the insulator function of *gypsy* sequences in a manner independent of their coding function<sup>111</sup>. It is likely that these RNAs act as scaffolds that stabilize the interactions of insulator components to regulate genome organization.

## ncRNA and CTCF-Mediated Chromatin Insulation

CTCF (CCCTC binding Factor) is an important and highly conserved transcription factor that binds to insulators and blocks the communication between enhancers and promoters to regulate gene expression.<sup>112,113</sup> Genome-wide analyses of CTCF and chromatin modifications demonstrate that a large portion of CTCF binding sites also flank repressive H3K27me3-containing chromosome domains, often in a cell-type specific manner, indicating that CTCF binding sites might also function as boundaries to regulate the spreading of facultative heterochromatin domains.<sup>59,114</sup> CTCF seems to execute its insulating function by regulating the 3D organization of the genome to control interactions between distant loci. 115-122 Several recent studies have also implicated ncRNA in the regulation of CTCF function.

Some ncRNAs enhance the ability of CTCF to regulate insulator function by acting as scaffolds that stabilize the interaction between CTCF and other factors that mediate looping. For example, CTCF associates with P68, a DEAD box RNA binding protein that associates with a ncRNA, seroid receptor RNA activator (SRA).<sup>123</sup> Knockdown of SRA resulted in decreased binding of P68 to CTCF, reduced enhancer-blocking function, and also disrupted long-range interaction of CTCF binding sites as determined by chromatin conformation capture (3C) analysis.<sup>124</sup> Thus SRA might play a scaffolding role to mediate interaction between insulator components, similar to the requirement of RNAs for stabilizing gypsy insulator interactions in Drosophila (Figure 4(c)).

Conversely, other ncRNAs interact with CTCF to interfere with the binding of CTCF to DNA in order to regulate gene expression. For example, lipopolysaccharide (LPS)-induced expression of the lysozyme gene during the innate immune response requires the eviction of CTCF from an insulator site to allow the C/EBP $\beta$  transcription factor to bind its enhancer and activate lysozyme expression.<sup>125</sup> An antisense ncRNA, *LINoCR*, is transcribed from a promoter element 1.9 kb upstream of the lysozyme promoter, whose expression correlated with nucleosome remodeling and lysozyme expression. Transcription of this ncRNA leads to the eviction of CTCF and chromatin remodeling at nearby enhancers, leading to upregulated lysozyme expression.<sup>125</sup> Because *LINoCR* functions *in cis*, it is unclear whether this ncRNA directly binds CTCF to evict it or merely activating transcription through this locus is sufficient to abolish insulator function.

In contrast, the function of Jpx ncRNA in binding to CTCF *in trans* demonstrates a direct effect of this ncRNA on CTCF function<sup>126</sup> (Figure 4(d)). In mammals, transcription of *Xist* ncRNA, which is required for X chromosome inactivation, is repressed by CTCF before XCI occurs.<sup>78</sup> At the onset of XCI, the Jpx ncRNA is upregulated, binds CTCF directly, and subsequently evicts it from *Xist* promoter,<sup>126</sup> which correlates with changes in the nuclear compartmentalization of the X chromosomes, suggesting a direct role for Jpx RNA in regulating CTCF localization.

Thus ncRNA regulates the binding of CTCF to DNA through either directly binding to CTCF or transcription interference. Understanding the details of the CTCF-RNA interaction is critical for dissecting the mechanism by which these ncRNAs regulate the targeting of CTCF to insulators. Although only the insulation and transcription functions of CTCF have been examined in these cases, it is possible that such regulation also functions at CTCF-associated heterochromatin boundaries.

## CONCLUSIONS

The borders of heterochromatin in many cases are marked by boundary elements, or sometimes insulators, which constrain heterochromatin spreading to maintain stable gene expression patterns. Given the widespread transcription of eukaryotic genomes and the well-studied involvement of ncRNAs in chromatin regulation, it is not surprising that recent work has established additional roles for ncRNA in regulating boundary functions in diverse organisms. There are four possible mechanisms by which ncRNAs function at boundaries (Figure 4). First, as shown at the developmentally regulated SINE B2 repeat,<sup>97</sup> transcription of ncRNAs enforces the formation of a heterochromatin boundary through mechanisms possibly involving transcription factor binding and recruitment of RNA polymerases, which eventually lead to changes in histone modifications that antagonize heterochromatin spreading. Second, as shown at the IRC boundaries flanking the fission yeast pericentric heterochromatin,<sup>100</sup> ncRNAs directly interact with heterochromatin proteins to evict them from boundary regions to stop heterochromatin spreading. Third, as shown in *Drosophila* and mammalian CTCF insulators, ncRNAs act as scaffolds to modulate protein–protein interactions and affect the association of boundaries with the nuclear matrix.<sup>111,124</sup> Fourth, as shown in many different systems, ncRNA can directly or indirectly interact with proteins required for boundary function to regulate their localization.<sup>126</sup>

While the mechanism of ncRNAs in heterochromatin spreading and boundary function is best studied in single-celled organisms such as fission yeast, which allows precise genetic manipulations, the role of ncRNAs in boundary functions in higher eukaryotes is less clearly defined. It is especially challenging to determine the mechanisms by which ncRNAs function *in cis*, as it is difficult to distinguish the effect of transcription from the direct involvement of the ncR-NAs. While many of these ncRNAs are transiently expressed and modulating their sequence and length at the endogenous loci is difficult in vertebrate models, the advent of genome editing technologies<sup>127,128</sup> may make it easier to dissect some of the characteristics of these boundary ncRNAs in order to separate possible influences of the transcriptional machinery and transcriptional interference from direct roles played by the ncRNA molecules or other effector proteins. Additionally, more comprehensive analysis of RNA-protein and RNA-chromatin interactions will shed new light on the biochemical mechanisms by which these ncR-NAs can exert such diverse influences on chromatin boundaries.

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